

# Welcome to Most Holy Redeemer Catholic Church

## First Sunday in Lent

March 9, 2025



### TAIZE PRELUDE - ALL

Ostinato Refrain

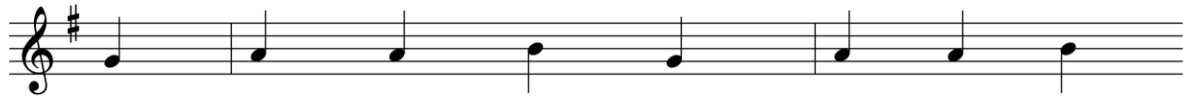
My soul is at rest in God a-lone, my sal-va-tion comes from God.

# ENTRANCE HYMN

## AGAIN WE KEEP THIS SOLEMN FAST



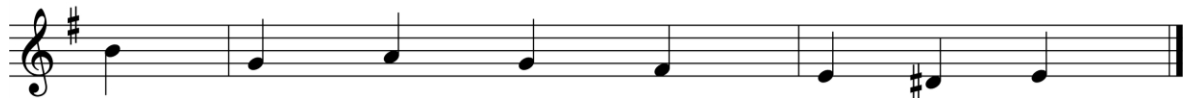
1. A - gain we keep this sol - emn fast,  
2. The law and proph - ets from of old  
3. More spar - ing, there - fore, let us make  
4. Let us a - void each harm - ful way  
5. We pray, O bless - ed Three in One,



A gift of faith from a - ges past,  
In fig - ured ways this Lent fore - told,  
The words we speak, the food we take,  
That lures the care - less mind a - stray;  
Our God while end - less a - ges run,



These for - ty days that, year by year,  
Which Christ, all a - ges' Lord and Guide,  
Our sleep, our laugh - ter, ev - 'ry sense;  
By watch - ful prayer our spir - its free  
That this, our Lent of for - ty days,



Bid con - trite hearts to Christ draw near.  
In these last days has sanc - ti - fied.  
Learn peace through ho - ly pen - i - tence.  
From schem - ing of the En - e - my.  
May bring us growth and give you praise.

Text: *Ex more docti mystico*; ascr. to St. Gregory the Great, c.540–604; tr. by Peter J. Scagnelli, b.1949, after John M. Neale, 1818–1866, © 1975, 2011  
Tune: ERHALT UNS HERR, LM; Klug's *Geistliche Lieder*, 1543; harm. by J. S. Bach, 1685–1750

## GREETING

*Presider:* In the name of the Father, and of the Son, and of the Holy Spirit.

*Assembly:* **Amen.**

*Presider:* The Lord be with you.

*Assembly:* **And with your spirit.**

# KYRIE

Cantor 1st, All repeat

Ky - ri - e, e - le - i - son.  
Lord, have mer - cy.

Cantor 1st, All repeat

Chris - te, e -  
Christ, have

le - i - son.  
mer - cy.

Ky - ri - e, e - le - i - son.  
Lord, have mer - cy.

Music: *Wondrous Love Mass*; © 2014, 2015 Paul Hillebrand and Kevin Keil.  
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# COLLECT

*Presider:* Let us pray.

*THE PRIEST COLLECTS THE PRAYERS OF THE PEOPLE. WE RESPOND.*

*Assembly:* **Amen.**

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## LITURGY OF THE WORD

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# FIRST READING

DEUTERONOMY 26:4-10

*Lector:* The Word of the Lord.

*Assembly:* **Thanks be to God**

# PSALM 92

Be with me, Lord, when I am in trou-ble, be  
with me, Lord, I pray.

Verses

1. You who dwell in the shelter of the Lord, Most High,  
who abide in the shadow of our God,  
say to the Lord: "My refuge and fortress, the God in whom I trust."
2. No evil shall befall you, no pain come near,  
for the angels stand close by your side,  
guarding you always and bearing you gently, watching over your life.
3. Those who cling to the Lord live secure in God's love,  
lifted high, those who trust in God's name,  
call on the Lord, who will never forsake you.  
God will bring you salvation and joy.

*Lector:* The Word of the Lord.  
*Assembly:* **Thanks be to God**

**GOSPEL ACCLAMATION**

**Glory to you, Word of God, Lord Jesus Christ!**

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 Music © 2018, Sarah Hart. Published by OCP. All rights reserved.

*Cantor:* *One does not live on bread alone, but on every word that comes forth from the mouth of God.*

**GOSPEL**

LUKE 4:1-13

*Presider:* The Gospel of the Lord.  
*Assembly:* **Praise to you, Lord Jesus Christ.**

**HOMILY**

**PROFESSION OF FAITH – APOSTLE’S CREED**

**I believe in God,  
 the Father almighty,  
 Creator of heaven and earth,  
 and in Jesus Christ, his only Son, our Lord,**

*At the words that follow, up to and including “the Virgin Mary,” all bow.*

**who was conceived by the Holy Spirit,  
 born of the Virgin Mary,  
 suffered under Pontius Pilate,  
 was crucified, died and was buried;  
 he descended into hell;  
 on the third day he rose again from the dead;  
 he ascended into heaven,  
 and is seated at the right hand of God the Father almighty;  
 from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
 the holy catholic Church,  
 the communion of saints,  
 the forgiveness of sins,  
 the resurrection of the body,  
 and life everlasting. Amen.**

**PRAYERS OF THE FAITHFUL**

**Lord, hear our prayer; De-us, ex - au - di**

**nos; Se - ñor, es - cú - cha - nos.**



*Presider:* The Lord be with you.  
*Assembly:* **And with your spirit**  
*Presider:* Lift up your hearts.  
*Assembly:* **We lift them up to the Lord.**  
*Presider:* Let us give thanks to the Lord our God.  
*Assembly:* **It is right and just.**

## SANCTUS

Ho - ly, Ho - ly, Ho - ly Lord God of  
 hosts. Ho - ly, Ho - ly, Ho - ly  
 Lord God of hosts. Heav - en and earth are  
 full, full of your glo - ry. Ho -  
 san - na in the high - est. Ho - san - na in the  
 high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na in the  
 high - est. Ho - san - na in the high - est.

Text: ICEL, © 2010  
 Music: *Deutsche Messe*, Franz Schubert, 1797–1828, adapt. by Richard Proulx, © 1985, 1989, 2010, GIA Publications, Inc.

## MEMORIAL ACCLAMATION

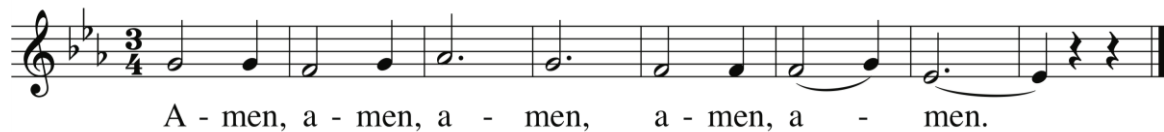


We pro-claim your Death, O Lord, and pro-  
fess your Res-ur-rec - tion, we pro-claim your Death, O  
Lord, un - til you come a - gain.

Text: ICEL, © 2010

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## GREAT AMEN



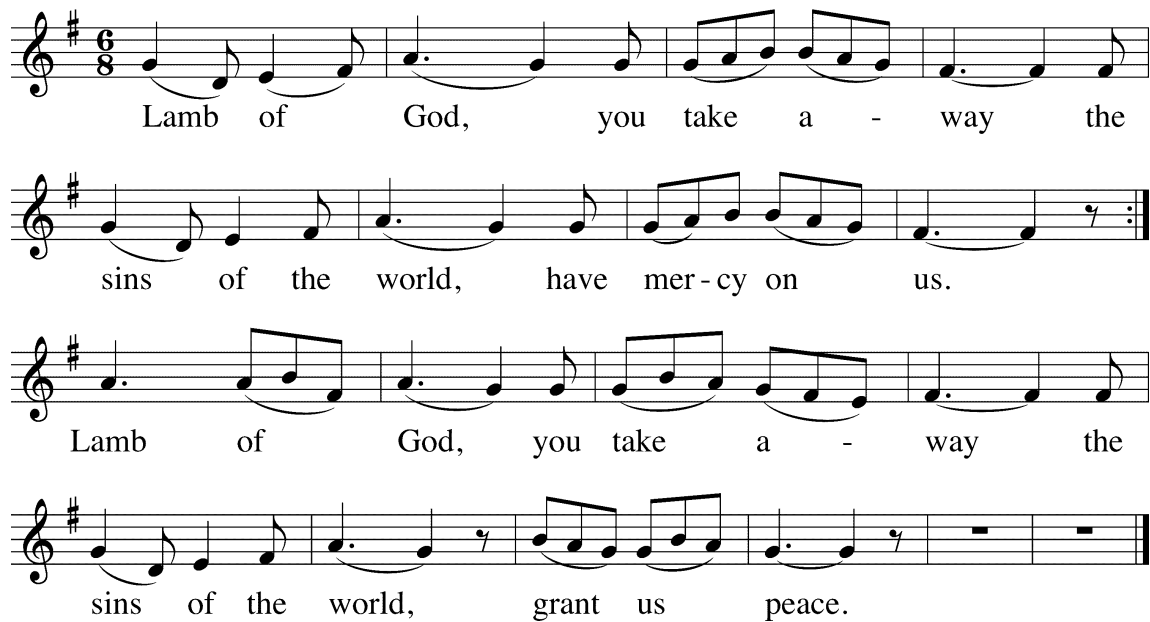
A - men, a - men, a - men, a - men, a - men.

Music: *Deutsche Messe*, Franz Schubert, 1797–1828, adapt. by Richard Proulx, © 1985, 1989, GIA Publications, Inc.

## LORD'S PRAYER

## SIGN OF PEACE

## LAMB OF GOD



Lamb of God, you take a - way the  
sins of the world, have mer-cy on us.  
Lamb of God, you take a - way the  
sins of the world, grant us peace.

Music: *Deutsche Messe*, Franz Schubert, 1797–1828, adapt. by Richard Proulx, © 1985, 1989, 2010, GIA Publications, Inc.

# COMMUNION SONG

## BREAD OF LIFE

Bernadette Farrell

Refrain

Bread of life, hope of the world, Je-sus Christ, our broth - er:

feed us now, give us life, lead us to one an - oth - er.

Verses

1. As we pro-claim your death, as we re - call your life, we re-  
2. The bread we break and share was scat-tered once as grain: just as  
3. We eat this liv - ing bread, we drink this sav-ing cup: sign of  
4. Hold us in u - ni - ty, in love for all to see; that the  
5. You are the bread of peace, you are the wine of joy, bro-ken

to Refrain

1. mem - ber your prom - ise to re - turn a - gain.  
2. now it is gath - ered, make your peo - ple one.  
3. hope in our bro-ken world, source of last - ing love.  
4. world may be - lieve in you, God of all who live.  
5. now for your peo - ple, poured in end - less love.

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## PRAYER AFTER COMMUNION

*Presider:* Let us pray...

*Assembly:* **Amen.**

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## CONCLUDING RITES

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## GREETING AND FINAL BLESSING

*Presider:* The Lord be with you.

*Assembly:* **And with your spirit.**

*Presider:* May almighty God bless you, the Father, and the Son, and the Holy Spirit.

*Assembly:* **Amen.**

*Presider:* Go in peace.

*Assembly:* **Thanks be to God!**



CLOSING HYMN

BEYOND THE DAYS

Ricky Manalo, CSP

Refrain

Be - yond the days of hope and mys - t'ry we

see a light of faith re - newed, and in our long - ing

we thirst for guid - ance to walk with you day by day.

Final

day, to walk with you day by day.

- Verses
1. For - ty days and
  2. Not on bread a -
  3. In your hands, O
  4. On our Lent - en

1. nights, you guide the steps of our jour - ney. May your
2. lone are we to walk on this jour - ney. Speak the
3. God, we feel the touch of your guid - ance. Keep us
4. path we see the dawn of a new day. Be our

1. pres - ence be felt in the whis - per of your voice.
2. words that give life to the yearn - ings of our hearts.
3. safe in your care: may your gen - tle - ness be there.
4. vi - sion of hope; be the prom - ise of our lives.

to Refrain

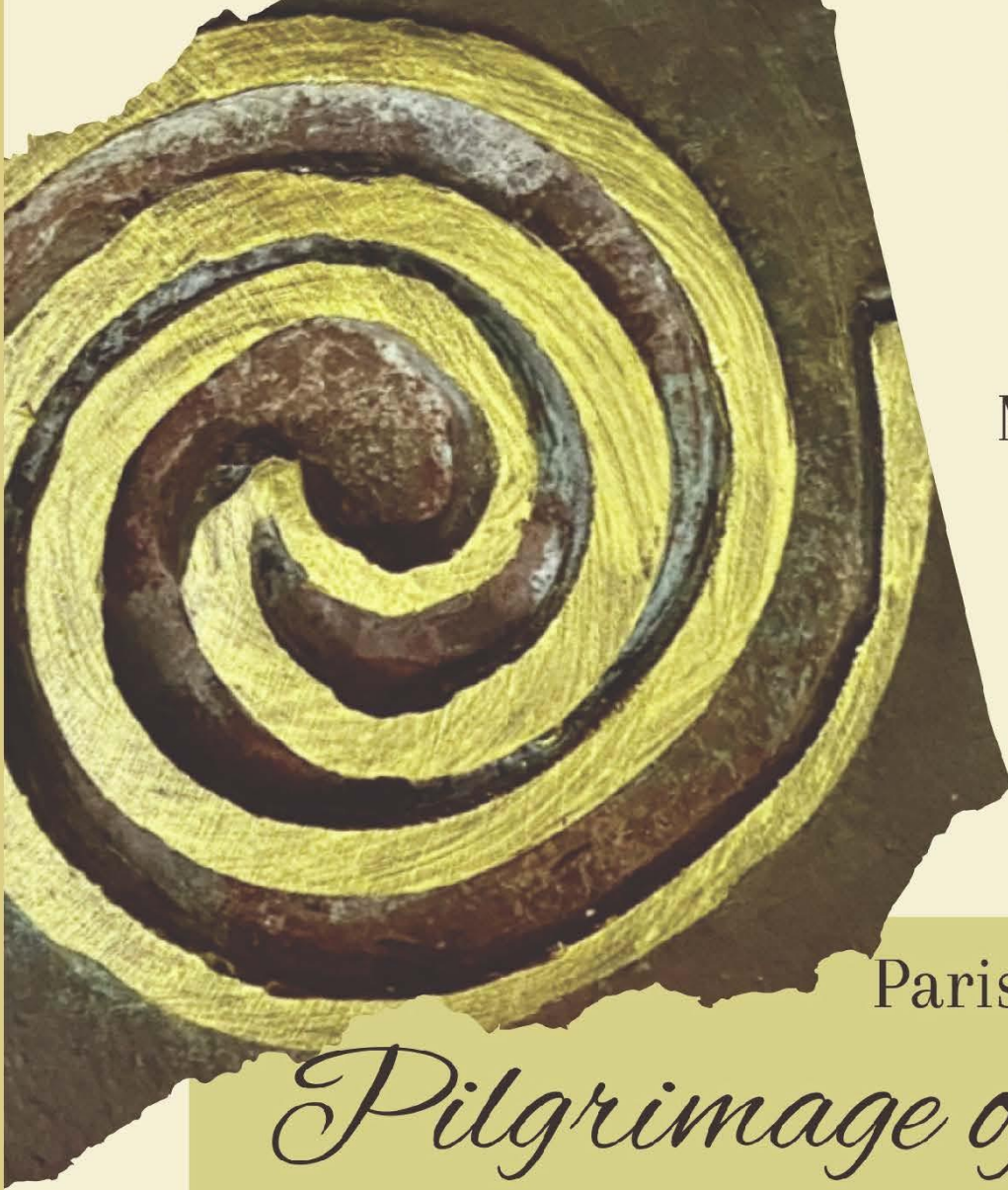
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## **Wednesday Lenten Prayer Services**

**We are offering five evening Lenten Prayer Services, on Wednesday, March 12th, March 19th, March 26th, April 2nd and April 9th, all at 7:00pm. This is a special opportunity for prayer, singing, reflection, and sharing. The April 9th service will feature Taize music.**

**All are welcome!**

**Lent is an important time for prayer, fasting, self-reflection, and reconciliation. The Sacrament of Reconciliation will be available after each of the Wednesday prayer services, (beginning at about 7:40pm), as well as every Saturday from 3:45pm to 4:30pm (as usual).**



**March 15**

9:30am

ending with  
Mass at 5pm



Scan code to  
register

Parish Retreat

# *Pilgrimage of Hope*

Most Holy Redeemer

100 Diamond Street, San Francisco, CA 94114

Our Parish Retreat will be facilitated by Sr. Sara Postlethwaite of the Verbum Dei community. A sister for almost 20 years, originally from the UK she has a depth of experience of leading retreats. She completed her MDiv and STL theological studies at the Jesuit School of Theology at Santa Clara University. Her STL thesis was focused on an early medieval Irish monastic text and its implications for today. Sr Sara is a songwriter and she uses her music in her retreat work. She is also a parishioner at MHR and facilitates the OCIA program.

## **Suggested Donation**

**\$40**

Lunch and snacks will be provided

Please register using the QR code above, or in person after mass, or directly with the MHR office.

Contact: [office@mhr.org](mailto:office@mhr.org)

# God's inclusive love proclaimed here!



## **Parish Mission Statement**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home to all: senior citizens and youth, single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV/AIDS.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.



Most Holy  
Redeemer  
Catholic Church

100 DIAMOND STREET, SAN FRANCISCO