



Most Holy
Redeemer

Catholic Church

100 DIAMOND STREET, SAN FRANCISCO



Fourth Sunday of Easter
April 21, 2024



Centering Prayer

An Intrinsic Connection: Contemplative Prayer and the Practice of Compassion & Reconciliation

with Fr. Joe Nassal, C.P.P.S.

Becoming a reconciling and compassionate presence in a damaged and dangerous world begins when we touch the Divine Presence, the image of God, that is inside of us. Reconciliation restores our true self, our identity as God's beloved, by returning us to the space Quaker mystic Thomas R. Kelly describes as "an amazing sanctuary of the soul" that is "deep within us all, a holy place, a Divine Center." In our silence, we nourish our deepest self with love, compassion, and patience. This presentation will explore how from this sacred space of trust, we can live our truth to be a compassionate presence for others. From this safe place of prayer, we offer others room to breathe, to find healing, and to nurture hope.



Fr. Joe Nassal, is a Missionary of the Precious Blood who has been engaged in retreat, renewal, and reconciliation ministry since 1988. He is an author of eight books including *The Conspiracy of Compassion*, and *Premeditated Mercy*. For 26 years, he has served his religious congregation in leadership including provincial director of the Kansas City Province (2011-2019). He was elected vice-provincial of the US Province in June 2022. He lives in Berkeley, CA and helps with sacramental ministry at Most Holy Redeemer Parish.

Saturday,
May 4, 2024
10 AM — 12:30 PM
Ellard Hall
(In-person event)

E-mail: centering@mhr.org
to register (name @ e-mail
address).

Most Holy Redeemer Catholic Church
100 Diamond Street @ 18th
San Francisco, CA 94114
(415) 863 6295 | mhr.org



God's inclusive love proclaimed here!

JESUS IS RISEN

LASST UNS ERFREUEN



1. Je - sus is ris-en! Let us sing! Praise to the ev - er - liv - ing
2. On this most ho - ly day of days, Let us to-geth-er sing his
3. To God the Fa-ther let us sing, To God the Son, our ris - en



1. King! Al - le - lu - ia! Al - le - lu - ia! Praise him in song, ye Ser - a -
2. praise! Al - le - lu - ia! Al - le - lu - ia! Raise joy-ful voic-es to the
3. King! Al - le - lu - ia! Al - le - lu - ia! And e-qual-ly let us a -



1. phim! Praise him with joy, ye Cher-u - bim!)
2. sky! Sing out, ye heav-ens, in re - ply: } Al - le - lu - ia! Al - le -
3. dore The Ho - ly Spir - it ev - er - more!)



1-3. lu - ia! Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Text: LM with alleluias; Composite.
Music: *Auserlesene, Catholische, Geistliche Kirchengesänge*, Cologne, 1623.



GREETING

ALL MAKE THE SIGN OF THE CROSS.

Presider: In the name of the Father, and of the Son, and of the Holy Spirit.

Assembly: **Amen.**

Presider: The Lord be with you.

Assembly: **And with your spirit.**

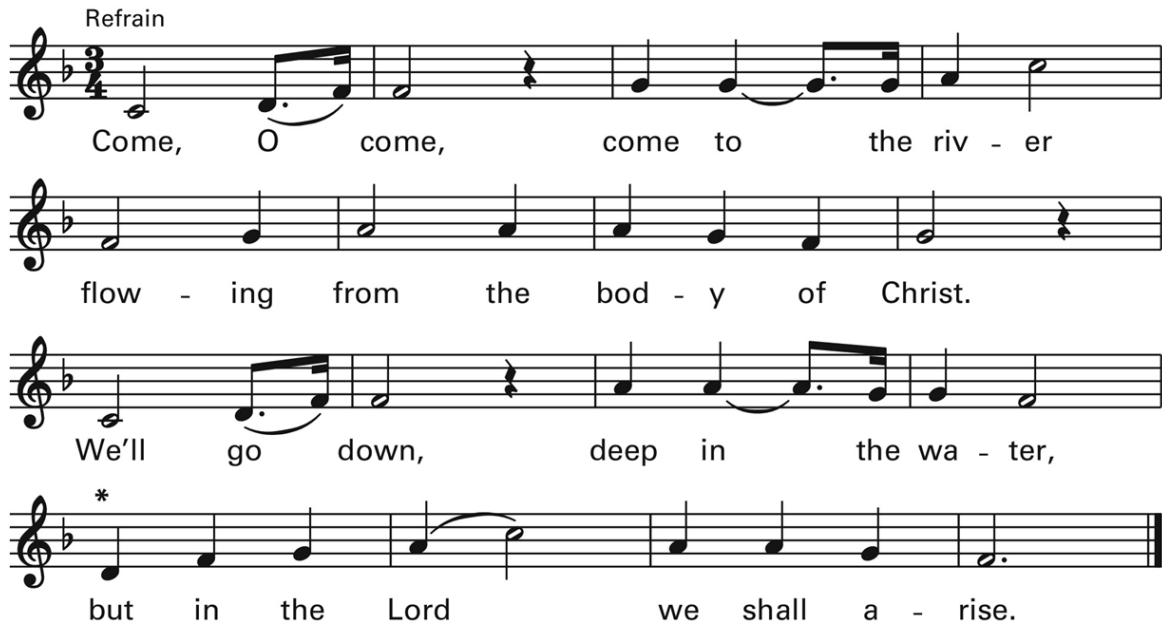
SPRINKLING RITE

COME TO THE RIVER

SPRINKLING RITE

Mass of Glory
Bob Hurd

Refrain



Come, O come, come to the riv - er
flow - ing from the bod - y of Christ.
We'll go down, deep in the wa - ter,
*
but in the Lord we shall a - rise.

Verses



1. Washed in wa - ters of re-birth,
2. Priest - ly peo - ple are ___ we,
3. Blest are those ___ who ___ thirst
4. Let us walk ___ in the light
5. Those who sow ___ in ___ tears

to Refrain

1. we have put on Christ Je - sus.
2. sealed and sent by the Spir - it.
3. for the reign of God's jus - tice.
4. of God's ho - ly prom - ise.
5. reap the har - vest re - joic - ing.

GLORY TO GOD

Mass of Glory
Ken Canedo and Bob Hurd

Refrain: 1st time: Cantor, All repeat; thereafter: All

Glo-ry to God, glo-ry to God, glo-ry to God in the high - est,
and on earth peace to peo-ple of good will. **2** to Vss.

Last time

Glo - ry to God, glo - ry to God, glo - ry to God in the
high-est, and on earth peace to peo-ple of good will.

A - men, a - men, a - men.

Verses

- | | |
|---|---|
| 1. We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father. | you take away the sins of the world,
receive our prayer;
you are seated at the right hand
of the Father,
have mercy on us. |
| 2. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world,
have mercy on us; | 3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. |

Text © 2010, ICEL. All rights reserved. Used with permission.
Music © 1998, 2009, Ken Canedo and Bob Hurd. Published by OCP. All rights reserved.

COLLECT

Presider: Let us pray.

THE PRIEST COLLECTS THE PRAYERS OF THE PEOPLE. WE RESPOND.

Assembly: **Amen.**

LITURGY OF THE WORD

FIRST READING

ACTS OF THE APOSTLES 4:8-12

Lector: The Word of the Lord.

Assembly: **Thanks be to God**

RESPONSORIAL PSALM

PSALM 118: THE STONE WHICH THE BUILDERS REJECTED

Bernadette Farrell



The stone which the build-ers re-ject-ed has be-come the cor-ner-stone.

Al-le-lu - ia, al-le-lu - ia, has be-come the cor-ner-stone.

1. Let the family of Israel say:
"God's love has no end,
God's love has no end."
Let the family of Aaron say:
"God's love has no end,
God's love has no end."
And let all who fear God,
and let all who fear God
say his love is without end.
Alleluia, alleluia,
say his love is without end.
2. I called to the Lord in my distress,
he answered me and set me free.
God is at my side, God is at my side,
God is here to help me now.
Alleluia, alleluia,
God is here to help me now.
3. Open to me the gates of holiness;
I will enter and give thanks.
This is the Lord's own gate,
the gate where the just may enter in.
I will thank you, Lord,
I will thank you, Lord,
for you hear and answer me.
Alleluia, alleluia,
for you hear and answer me.
4. Go forward with branches,
go forward processing,
go to the altar of the Lord
and give thanks to God,
and give thanks to God
for his love is without end.
Alleluia, alleluia,
for his love is without end.

Text: Psalm 118:1, 2-4, 5-7, 19-21, 27b-29. Refrain © 1963, The Grail (England). All rights reserved.
Used with permission of A.P. Watt, Ltd. Music and verses text © 1990, Bernadette Farrell.
Published by OCP. All rights reserved.

SECOND READING

1 JOHN 3:1-2

Lector: The Word of the Lord.

Assembly: **Thanks be to God**

GOSPEL ACCLAMATION



R. Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia.

Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

Cantor: *I am the good shepherd, says the Lord; I know my sheep, and mine know me.*

GOSPEL

JOHN 10:11-18

Presider: The Gospel of the Lord.

Assembly: **Praise to you, Lord Jesus Christ.**

HOMILY

RENEWAL OF BAPTISMAL VOWS

PRAYERS OF THE FAITHFUL



Lord, in your good - ness, hear our prayer.

Scott Soper
Music © 2010, WLP

LITURGY OF THE EUCHARIST

PREPARATION OF GIFTS

MY SHEPHERD WILL SUPPLY MY NEED



1. My Shep - herd will sup - ply my need; The
2. When I walk through the shades of death, Your
3. The sure pro - vi - sions of my God At -

1. Lord God is his name. In pas - tures
2. pres - ence is my stay; One word of
3. tend me all my days; O may your

1. green he makes me feed, Be - side the liv - ing
2. your sup - port - ing breath Drives all my fears a -
3. house be my a - bode, And all my work be

1. stream. He brings my wan - d'ring
2. way. Your hand, in sight of
3. praise! There would I find a

1. spir - it back, When I for - sake his ways;
2. all my foes, Does still my ta - ble spread;
3. set - tled rest, While oth - ers go and come,

1. And leads me for his mer - cy's
2. My cup with bless - ings o - ver -
3. No more a stran - ger nor a

1. sake, In paths of truth and grace.
2. flows, Your oil a - noints my head.
3. guest; But like a child at home.

Text: 86 86 D; based on Psalm 23; Isaac Watts, 1674-1748, alt.
Music: William Walker's The Southern Harmony, 1835.

Presider: The Lord be with you.
Assembly: **And with your spirit**
Presider: Lift up your hearts.
Assembly: **We lift them up to the Lord.**
Presider: Let us give thanks to the Lord our God.
Assembly: **It is right and just.**

HOLY

Mass of Glory
Ken Canedo and Bob Hurd

Ho - ly, Ho - ly, Ho - ly Lord God of
hosts. Heav - en and earth are full of your
glo - ry. Ho - san-na, ho-san-na, ho - san - na
in the high-est. Bless-ed is he who comes
in the name of the Lord. Ho -

Text © 2010, ICEL. All rights reserved. Used with permission.
Music © 1998, 2009, Ken Canedo and Bob Hurd. Published by OCP. All rights reserved.

WE PROCLAIM YOUR DEATH

Mass of Glory
Ken Canedo and Bob Hurd

We pro - claim your Death, O Lord, and pro - fess your
Res - ur - rec - tion un - til you come a - gain.

Text © 2010, ICEL. All rights reserved. Used with permission.
Music © 2009, Ken Canedo and Bob Hurd. Published by OCP. All rights reserved.

AMEN

Mass of Glory
Ken Canedo and Bob Hurd

A - men. A - men. Al - le - lu - ia, a - men. men.

Text and music © 1991, Ken Canedo and Bob Hurd. Published by OCP. All rights reserved.

COMMUNION RITE

LORD'S PRAYER

Assembly: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us; and
lead us not into temptation,
but deliver us from evil.

Presider: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that,
by the help of your mercy, we may be always free from sin and safe from all
distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

Assembly: For the kingdom, the power, and the glory are yours, now and forever.

SIGN OF PEACE

Presider: Lord Jesus Christ, who said to your Apostles, Peace I leave you, my peace I give
you, look not on our sins, but on the faith of your Church, and graciously
grant her peace and unity in accordance with your will. Who live and reign for
ever and ever.

Assembly: Amen.

Presider: The Peace of the Lord be with you always.

Assembly: And with your spirit.

Presider: Let us offer each other a sign of peace.

WE EXCHANGE SOME SIGN OF PEACE WITH THOSE AROUND US.

LAMB OF GOD

Mass of Glory
Bob Hurd

Lamb of God, you take a-way the sins of the world,
have mer - cy on us; have mer - cy on us.
grant us peace; grant us peace.

Music © 1991, Bob Hurd. Published by OCP. All rights reserved.

Presider: Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

Assembly: **Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

COMMUNION SONG

BREAD OF LIFE

Bernadette Farrell

Refrain
Bread of life, hope of the world, Je-sus Christ, our broth - er:
feed us now, give us life, lead us to one an - oth - er.

Verses
1. As we pro-claim your death, as we re - call your life, we re -
2. The bread we break and share was scat-tered once as grain: just as
3. We eat this liv - ing bread, we drink this sav-ing cup: sign of
4. Hold us in u - ni - ty, in love for all to see; that the
5. You are the bread of peace, you are the wine of joy, bro-ken

to Refrain
1. mem - ber your prom - ise to re - turn a - gain.
2. now it is gath - ered, make your peo - ple one.
3. hope in our bro-ken world, source of last - ing love.
4. world may be - lieve in you, God of all who live.
5. now for your peo - ple, poured in end - less love.

© 1982, Bernadette Farrell. Published by OCP. All rights reserved.

PRAYER AFTER COMMUNION

Presider: Let us pray...

Assembly: **Amen.**

CONCLUDING RITES

GREETING AND FINAL BLESSING

Presider: The Lord be with you.

Assembly: **And with your spirit.**

Presider: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Assembly: **Amen.**

Presider: Go in peace!

Assembly: **Thanks be to God!**

CLOSING HYMN

THE KING OF LOVE MY SHEPHERD IS



1. The King of love my shep - herd is, Whose
2. Where streams of liv - ing wa - ter flow With
3. Per - verse and fool - ish I have strayed, But
4. In death's dark vale I fear no ill With
5. You spread a ta - ble in my sight, Your
6. And so through all the length of days Your



1. good - ness fails me nev - er; I noth - ing lack if
2. gen - tle care he leads me, And where the ver - dant
3. yet in love he sought me, And on his shoul - der
4. you, dear Lord, be - side me; Your rod and staff my
5. sav - ing grace be - stow - ing; And O what joy and
6. good - ness fails me nev - er: Good Shep - herd, may I



1. I am his, And he is mine for - ev - er.
2. pas - tures grow, With heav'n - ly food he feeds me.
3. gen - tly laid, And home, re - joic - ing, brought me.
4. com - fort still, Your cross be - fore to guide me.
5. true de - light From your pure chal - ice flow - ing!
6. sing your praise With - in your house for - ev - er.



Most Holy
Redeemer
Catholic Church

100 DIAMOND STREET, SAN FRANCISCO