

MOST HOLY REDEEMER

Parish



5th Sunday in Ordinary Time
February 4, 2024

Worship Hours

Monday - Friday Daily Mass: 8:00am
Saturday Vigil Mass: 5:00pm
Sunday Masses: 8:00am, 10:00am & 6:30pm
Holy Days: 8:00am and 7:00pm

Reconciliation

Saturday: 3:45pm to 4:30pm

Baptism & Marriages

Please call the parish office
for an appointment.
For marriages please call the parish
office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California

Phone (415) 863-6259
www.mhr.org

Pastor

Fr. Matt Link, C.P.P.S.
frmatt@mhr.org

PARISH OFFICE

Michael Poma, Business Manager
mpoma@mhr.org
Cristy Torres, Administrative Assistant
office@mhr.org

PASTORAL COUNCIL

Michael Kirkland
Richard Levy
Trudy Miller
Cyndy Zimmer
Shaan Bijwadia
Marnie Pira

FINANCE COUNCIL

Marc Colelli, Chair
Steve Adams
Micaela Connery
Stephen McCarthy
John Solaegui
Diane Trewin

LITURGY COMMITTEE

Jacque Grillo
Curtis Murray
Pablo McLachlan
Sr. Marilyn Morgan



Collection - Week of January 28, 2024

| | |
|-------------------|-------------------|
| Saturday 5pm - | \$576.00 |
| Sunday 8am - | \$296.00 |
| Sunday 10am - | \$952.00 |
| Sunday 6:30pm - | \$204.00 |
| Misc. - | \$2,440.00 |
| VANCO - | \$1,286.00 |
| Total - | \$5,754.00 |
| Budgeted - | \$4,200.00 |

*Thank you for your
generosity!*



MASS TIMES

Daily Mass: 8am (Mon ~ Fri)
Saturday Vigil Mass: 5pm
Sunday Masses: 8am, 10am & 6:30pm
Holy Days: 8am & 7pm
Reconciliation: Saturdays 3:45pm - 4:30pm
(or by appointment)

THIS WEEK AT OUR PARISH

FEB 5 — FEB 11

Monday - Friday

Mass - 8am

Wednesday

Wednesday Night Suppers

Saturday

Vigil Mass - 5pm

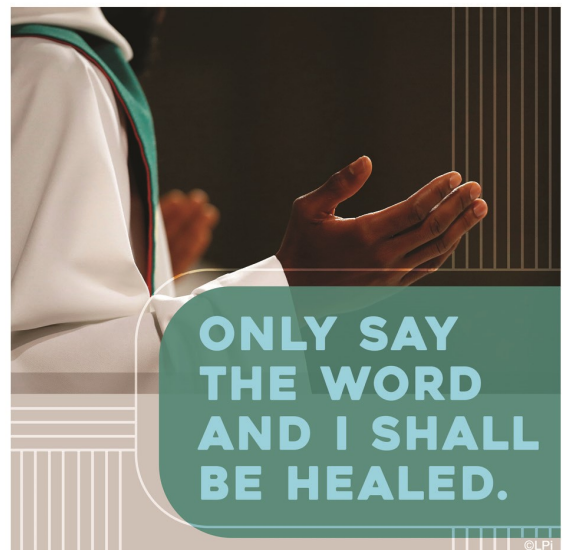
Sunday

Masses: 8am, 10am & 6:30pm

*Join us for Coffee Hour after the
8am & 10am Masses*

Livestream the 10am Sunday Mass

www.mhr.org/livestream





***Our Mass celebrants
will remember the following intentions
during the celebration of the Eucharist:***

Saturday, February 3

5pm Ma. Lourdes Deza

John Adams †

Sunday, February 4

8am Jim Lonergan (*health*)

10am MHR Parish

6:30pm

Monday, February 5

8am

Tuesday, February 6

8am P. Joseph Hargadon †

Wednesday, February 7

8am Wednesday Night Suppers

Thursday, February 8

8am

Friday, February 9

8am

Saturday, February 10

5pm

**To schedule a Mass Intention
or sponsor the weekend altar flowers,
please call the parish office at 415-863-6259
or email office@mhr.org.**



**Michael Lamia, Ryan Zuniga,
Phillip Solodkin, Christian Irizary, Joshua Filho,
Leigh Thorup-Murray, John Johnson,
Graham Meyers, Andrew Hinek and Golden Heights
Skilled Nursing Facility Staff & Residents**

Readings for the week of February 4, 2024

Sunday:

Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

Monday:

1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/
Mk 6:53-56

Tuesday:

1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10,
11/Mk 7:1-13

Wednesday:

1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/
Mk 7:14-23

Thursday:

1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and
40/Mk 7:24-30

Friday:

1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,
14-15/Mk 7:31-37

Saturday:

1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,
19-20, 21-22/Mk 8:1-10

Next Sunday:

Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor
10:31-11:1/Mk 1:40-45



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.
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COMMUNITY
LIFE

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.
Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.
Email biblestudy@mhr.org for login and for more information.

Christian Healing Prayer Group: Please join us on the first Monday of each month at 2pm in the Library. Email markwbass@yahoo.com for information.



MOST HOLY REDEEMER HIV/AIDS SUPPORT GROUP

We are in need of volunteers

If you are interested in supporting this ministry
please contact Pete Toms at 415-612-0651 or email asg@mhr.org.



JIM LAUFENBERG, STEVE ROSERA, CHARLES CHOW, RICHARD BARGETTO, TAMA AUVAA,
GREG WRENN, SARA BAKER-FLYNN, BRIAN MCGRATH, JASON PUTNAM, ANDY PINOST,
JOHN KISZLA, ROMAN MAIMONE, AND EMMY BRIONES-REYES

PEACE & SOCIAL JUSTICE CORNER

February 2024
Black History Month

Celebrating Black Artists

Shared Plight

Bound to whims,
bred solely for
circuses of desire.
To hell with savannahs,
towns like Rosewood.

Domestics or domesticated,
one name or surnamed, creatures
the dominant ones can't live without
would truly flourish
without such devious love,
golden corrals.

Harnessed. Muzzled.
Stocks and bonds. Chains
and whips held by hand.
Ota Benga in a Bronx cage,
Saartjie Baartman on display—
funds sent to her village
didn't make it okay. Harambe,
Tamir, Cecil, Freddie—names
of the hunted, captives
bleed together. The captors
beasts to all but themselves
and their own.

Two endangered beings in a moat
stare into each other's eyes.

Slower than light, mercy
must not survive entry
into our atmosphere, never
reaching those who lose
unbridled lives
long before they die
in this world of zoos
and conquerors who treat
earthlings like aliens.



About this Poem

"This poem came after watching the video of the tragedy at the Cincinnati Zoo involving a 450-pound gorilla and a three-year-old black boy who had fallen into the moat. The terror and tender recognition between them; the deep ironies and shady ethics caught in those fraught minutes, and what the public outrage expressed indicates about the paradoxical nature of humanity, long legacies of brutality that continue."

—Kamilah Aisha Moon

Author

Kamilah Aisha Moon



Photo credit: Tyson Alan Horne

Kamilah Aisha Moon is the author of *Starshine & Clay* (Four Way Books, 2017).

Credit

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HE APPROACHED, GRASPED HER HAND.



MK 1:31

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ARCHDIOCESE OF
SAN FRANCISCO

U.S. BANKRUPTCY COURT FOR THE NORTHERN DISTRICT
OF CALIFORNIA – SAN FRANCISCO DIVISION

In re: The Roman Catholic Archbishop of San Francisco, Case No. 23-30564

Notice of Deadline for Filing Claims: February 20, 2024

YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE ARCHDIOCESE OF SAN FRANCISCO

On August 21, 2023, The Roman Catholic Archbishop of San Francisco, a California corporation sole, aka Archdiocese of San Francisco (the "Debtor"), filed for protection under chapter 11 of title 11 of the United States Code (the "Bankruptcy Code").

If you were sexually abused by any person connected with the Debtor, you must file a claim so as to be received by February 20, 2024, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Debtor.

Claims based on acts or omissions of the Debtor that occurred before August 21, 2023, must be filed on or before February 20, 2024, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before August 21, 2023.

For more information on how to obtain and file a proof of claim form and associated documents, please visit <https://omniagentsolutions.com/RCASF>, or contact Omni Agent Solutions, Inc., the Debtor's claims agent via email at RCASFInquiries@omniagnt.com or by phone at 888-480-6507 (U.S. and Canada toll free) or 747-293-0084 (International), between the hours of 9:00 a.m. and 5:00 p.m. (prevailing Pacific Time), Monday through Friday.

****If you have questions about the bankruptcy case filed by the Archdiocese of San Francisco, please also visit the website at <https://sfarch.org> and follow the links for Chapter 11 Filing****

Gospel Meditation

Encourage Deeper Understanding of Scripture

Maybe I'm weird, but I like spending time in doctor's offices, confession lines in churches, auto repair shops, prison cells, and support groups of various kinds. It's refreshing to be with people who humbly admit something is wrong and forthrightly set out on a path toward a solution. When we ignore what is off kilter, we become alone and fragile. In places where people are honest and hopeful about brokenness, sturdy if subtle fellowship usually ensues.

Consider the image we see of Jesus in the Gospel of Mark. **"...they brought to him all who were ill or possessed by a demon. The whole town was gathered at the door."** The entire human community is afflicted in various ways, and so it gradually forms a strange new community around Jesus. The healer from Nazareth is like a sun of health around which orbits a throng of humanity absorbing his healing rays. These blessed souls can't fix themselves and become healthy, and they know it. But they have found in him the living source of all imaginable healing.

It's the Church, isn't it? A sin-sick community gathered and healed is what happens at the beginning of every Mass. We shuffle in through the door from everywhere and announce that we are not okay, and we can't fix it. In doing so, we are drawn into the orbit of the healing power of Christ — and into a renewed community with the whole human family. It's nothing to fear or rush. Maybe we can even learn to enjoy more how good it is to be in such a happy place.

— Father John Muir

FEBRUARY 11

AFTER THE 8AM & 10AM MASSES
join us for

Pancake Breakfast

- Made-from-scratch buttermilk pancakes
- Sausages
- Fruit Salad
- Juice and Coffee

All Donations Benefit Our:
AIDS Support Group

